Skin Matrix

Customised Treatment Menu
“Let’s face it, we cannot stop the ageing process but we can create a healthy skin that we can be proud of makeup free and beyond!”

We take a holistic approach covering anti-ageing and acne therapies. We specialise in customised facials, creating the optimal skin treatment for you every time you visit. Not all skins are the same and this is how we approach each facial session. Customised every time you visit, targeting specific skin care concerns in aid of creating a healthy, resilient skin. Our facial yoga massage is stimulating, invigorating to the skin and restful for the body. Body, mind and intrinsic health all play a key role in your skin health and are addressed.
"This is what we do at Skin Matrix, we live and breathe creating healthy complexions that are well fed, nurtured and loved.”

Customised Anti-Ageing Therapies
SKIN CONSULTATION

Combining our wealth of knowledge and experience we delve into your skin history, current skin concerns along with lifestyle and your skin goals. We put all of this together to form a treatment plan and home skin care regime. 30 minutes.

BESPOKE ANTI-AGEING THERAPIES

No 2 skins are alike and so we believe creating a Bespoke Facial experience every time you visit is the most effective way to nurture, strengthen, repair and revitalize your skin. Choose either a 45 minute session or a one hour session. Your Skin Matrix Skin Professional will tailor design every facial according to what your skin requires upon every visit.

Your Bespoke Anti-Ageing Facial may consist of any of the following:

LED Light Therapy
Peels
Vitamin Infusions
Microdermabrasion
Bespoke Facial Masks
Signature Facial Yoga Massage
Extractions
RF (radiofrequency)
OxygenO+
Customised Acne Therapies
SKIN CONSULTATION

Acne is one of the most complex skin conditions to treat due to so many potential triggers. Our in depth consultation will aim to highlight any red flags that may be triggering your acne; we then highlight how to combat these red flags along with an in clinic treatment program and home care regime. We aim to bring your breakouts under control and support the integrity of your skin in the process. 30 minutes.

BESPOKE ANTI-ACNE THERAPIES

Not only do we concentrate on extractions in these Bespoke Facials, we also look after potential dehydration from overuse of harsh skin care and inflammation caused by active acne including post acne marks. Anti-acne facial therapies need to be adaptable to look after the integrity of the skin, whilst minimizing congestion within the pore.

Your Skin Matrix Skin Professional will tailor design every facial according to what your skin requires upon every visit.

Your Bespoke Anti-Acne Facial may consist of any of the following:

LED Light Therapy
Peels
Microdermabrasion
Bespoke Facial Masks
Extractions
“The key to a healthy skin is to constantly feed and rake the skin, along with daily sun protection”
**AHA/BHA PEELS**

We have a selection of AHA and/or BHA peels from Cosmedix, Alpha-H, Skin Matrix, HydroPeptide and ASAP to choose from. We will select the most appropriate peel for your skin type and condition.

**MICRODERMABRASION**

A microplus+ medi-facial is more than a facial. Microplus+ combines the benefits of clinical grade microdermabrasion and sonophoresis for maximum skin correcting results.

Microdermabrasion is one of the best anti-ageing skin care treatments available. This safe and painless treatment accelerates the exfoliation of dead skin cells which in turn stimulates new cell growth and the renewal of collagen. Using a gentle vacuuming system and diamond tips, microdermabrasion removes dull, dead skin cells, unclogs pores and polishes the skin. It is a non-invasive treatment that can be used to treat a number of skin concerns, on any part of the body, with no downtime. Microdermabrasion perfectly prepares the skin’s surface for the enhanced infusion of active ingredients applied during a sonophoresis treatment.

Sonophoresis is a relaxing, non-invasive treatment that uses ultrasonic (soundwave) technology that has been shown to increase the penetration and absorption of active ingredients by up to 800%. This warm, massaging treatment increases skin circulation and toning leaving the skin feeling smooth, firm and hydrated. It is suitable for all skin types and delivers excellent results.

Microdermabrasion perfectly prepares the skin’s surface for the enhanced infusion of treatment products applied during sonophoresis.
**COSMEDIX BENEFIT PEEL**

This potent antioxidant peel helps deliver a blend of nourishing and natural ingredients into the skin layers, without excessive peeling. The ultimate antioxidant peel for mildly pigmented, hypersensitive, dehydrated, ageing, or acne prone skin, Benefit Peel™ is suitable for all skins in need of an antioxidant boost. You will need to prep your skin minimum 4 weeks prior with a Cosmedix Vitamin A Product.

**COSMEDIX TIMELESS PEEL**

Our very best medium depth peel to dramatically reduce the visible signs of ageing. This amazing peel contains potent ingredients to generate immense activity in the skin. It works to restore the growth of healthy, young skin cells, increase cell turnover and remove layers of dead skin. You will need to prep your skin minimum 4 weeks prior with a Cosmedix Vitamin A Product.

**OSMOSIS FACIAL INFUSION**

Our very best medium depth peel to dramatically reduce the visible signs of ageing. This amazing peel contains potent ingredients to generate immense activity in the skin. It works to restore the growth of healthy, young skin cells, increase cell turnover and remove layers of dead skin. You will need to prep your skin minimum 4 weeks before with an Osmosis Vitamin A Serum.
OXYGENEO

Oxygen instantly revitalises the skin, increasing blood flow, and the skin's ability to absorb nutrients. Your skin will radiate and feel amazing. The skin is exfoliated, nourished and oxygenated with our all in 1 treatment modality that says goodbye to tired dull complexions.

RF - RADIO FREQUENCY

This treatment works to stimulate your own collagen production and increase oxygen within the skin, improving cell regeneration for immediate and long lasting lifting, firming and plumping results for the face and neck. This treatment is all about improving facial contour, firmness and lift.

SIGNATURE FACIAL YOGA MASSAGE

To receive Facial Yoga is highly invigorating to the skin, yet calming and relaxing to the body. With massage comes an increase in blood flow, which allows for optimal absorption of the nutrients and vitamins. You will be surprised how tight and how much tension we hold in our facial muscles. Facial Yoga strengthens elastic fibers of the face, and improves skin elasticity and smoothness. Reduce puffiness and increase that “glow” with Facial Yoga whether you have this treatment on its own or as part of our Bespoke Facial.

LED THERAPY

Red LED light is known for stimulating collagen and reducing inflammation while improving circulation, which can give you a healthier glow. Blue LED has powerful antibacterial properties for the treatment of acne without irritation, reduces oil production, prevents future break out and offers a UV-free alternative for the treatment of eczema and psoriasis.
“Our skin is constantly changing throughout the decades, let’s embrace ageing and every little character line that comes with it.”

Price List
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<th>Service</th>
<th>Duration</th>
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<td>SKIN CONSULTATION</td>
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