

## *Maternity Retreat*

Designed for mums carrying bubs. Your retreat starts with a full body exfoliation leaving the skin soft & silky. Then close your eyes as we pamper your feet and toes to a deluxe pedicure. A mini facial then whisks away dead skin leaving your skin fresh and bright and a heavenly scalp massage blissfully finishes your retreat.

You don't leave empty handed; you take home a blessed belly balm to nurture both bub and you.

**2hrs 15min \$189**

## *Worldly Rituals*

Your ritual begins with an Indian head, neck and shoulder massage to release muscle tension and strain, alleviating headaches and still the busy mind.

Continue your new sense of relaxation with a deep cleansing mini facial, hand and arm massage and powder mask to regenerate your skin. The choice is now yours. A manicure or pedicure? Either way you receive an exfoliation, massage and nails are primped and painted.

**1hr 15min \$144**

## *Eye Zone*

It's all about the eyes. Forget to put your eye makeup on today, eyes feeling tired; no worries! Eye Zone will open, brighten and define your eyes highlighting the natural beauty in your eyes. Includes an eye lash tint, eye brow shape and a decadent eye massage.

**1hr \$55**

## *The Executive*

Stress? What stress, is what you will be saying after you have experienced The Executive. Tension and strain quickly dissolve as you receive a back and scalp massage. The Executive will attend to your nails with a manicure making them ready for that killer presentation whilst you lye back in vacant thought. You then receive a deluxe facial, foot and leg massage, super relaxing face and décolletage massage leaving skin clear and rejuvenated.

**2hrs 15min \$203**

## *Nailology*

The science of beautiful nails. Show off your smart and polished nails with pride. Includes a deluxe manicure and pedicure, hand and foot exfoliation and massage, and of course the super hydrating warm paraffin treatment on both hands and feet, guaranteed to smooth and hydrated the driest of skins.

**1hr 30min \$95**

## *Supersonic Unwind Package*

Guaranteed to leave you floating on air. Melt away with a 30 minute back massage, followed by a 1 hour facial. Indulge in a face and décolletage massage, foot and leg massage AND a scalp massage. Yum!! To finish we treat your hands to a warm paraffin treatment to hydrate and plump your hands as well as relieving them of any strain.

**2hrs \$195**

## *Healthy Me*

Healthy me will kick start your detox program, give you more energy and radiant skin. Healthy me starts with a Formostar treatment which cleanses the body, relieving it of any aches and pains all whilst you burn up to 1200 calories! Increase blood circulation and eliminate toxins further with an upper leg or torso exfoliation and mask. Perfect for all year round. Includes a take home box of detox foot patches!

**1hr 45min \$130**

## *Rejuvenate Me*

The ever popular Blueberry Smoothie will start your rejuvenation package where pores are cleaned, refined and smoothed. Light therapy (LED) will work its magic on the deeper layers of your skin stimulating collagen and elastin for an instant rejuvenation. Osmosis organic masks will then feed, nourish, hydrate, firm and plump your skin. Perfect pre special occasion or anytime. Skin looks buffed and ready for the cameras. Rejuvenate Me is addictive, proceed with caution!

**1hr \$135**

**All treatments include a mineral makeup application post treatment if desired.**

